

Division 1 – 1st Grade Coed

Division-specific rules:

1. Each team will field a **maximum of 5 players of which one MUST be a goalie.**
2. Games will consist of **four 8-minute quarters** with a 2-minute break in between quarters and a 5-minute break in between halves.
3. **One coach is allowed on the field during play** but please be aware that if you are on the field, you become part of the field. If the ball is played off of you and goes into the goal, it is a goal. **Coaches are not allowed inside of the goalie box** and if the referee sees you in there, you'll be asked to move only once. If a coach has been warned and goes in the goalie box again, he/she will be asked to go to the sideline.
4. **Penalty kicks are NOT allowed** in this division. If a penalty occurs inside the "18", the ball will be placed outside the box for a direct kick.
5. There is **NO OFF SIDES** in this division.
6. Players are given **two chances to make a legal throw-in.** The ref will give guidance after the 1st attempt. If after the second throw-in, the ball has not been put into play correctly, possession will go to the other team.
7. The Ball size for this division is **size 3.**

Division 2 – 2nd Grade Coed

Division-specific rules:

1. Each team will field a **maximum of 8 players of which one MUST be a goalie.**
2. Games will consist of **four 10-minute quarters** with a 2-minute break in between quarters and a 5-minute break in between halves.
3. **One coach is allowed on the field during play** but please be aware that if you are on the field, you become part of the field. If the ball is played off of you and goes into the goal, it is a goal. **Coaches are not allowed inside of the goalie box** and if the referee sees you in there, you'll be asked to move only once. If a coach is been warned and goes in the goalie box again, he/she will be asked to go to the sideline.
4. **Penalty kicks are NOT allowed** in this division. If a penalty occurs inside the "18", the ball will be placed outside the box for a direct kick.
5. There is **NO OFF SIDES** in this division.
6. Players are given **two chances to make a legal throw-in.** The ref will give guidance after the 1st attempt. If after the second throw-in, the ball has not been put into play correctly, possession will go to the other team.
7. The Ball size for this division is **size 3.**

Division 3 – 3rd Grade Coed

Division-specific rules:

1. Each team will field a **maximum of 9 players of which one MUST be a goalie.**
2. Games will consist of **four 12-minute quarters** with a 2-minute break in between quarters and a 5-minute break in between halves.
3. **No coaches are allowed on the field.**
4. **Penalty kicks are allowed** in this division.
5. There is **NO OFF SIDES** in this division.
6. Players are given only **one chance to make a legal throw-in** before turning possession over to the other team.

7. The ball size for this division is **size 4**.

Division 4 – 4th & 5th Grade Coed

Division-specific rules:

1. Each team will field a **maximum of 10 players of which one MUST be a goalie**.
2. Games will consist of **four 12-minute quarters** with a 2-minute break in between quarters and a 5-minute break in between halves.
3. Please inform the coaches before the game begins that the quarter breaks are for refreshments only, not for coaching moments. We need to keep the games moving. If a team has no substitutes use common sense and allow for rest during all breaks.
4. **Penalty kicks are allowed** in this division.
5. **OFF SIDES** is called in this division.
6. The ball size for this division is **size 4**.

Division 5 – 6th & 7th Grade Coed

Division-specific rules:

1. Each team will field a **maximum of 11 players of which one MUST be a goalie**.
2. Games will consist of **four 15-minute quarters** with a 2-minute break in between quarters and a 5-minute break in between halves.
3. Please inform the coaches before the game begins that the quarter breaks are for refreshments only, not for coaching moments. We need to keep the games moving. If a team has no substitutes use common sense and allow for rest during all breaks.
4. **Penalty kicks are allowed** in this division.
5. **OFF SIDES** is called in this division.
6. The Ball size for this division is **size 5**.

Division 6 – 8th – 12th Grade Coed

Division-specific rules:

1. Each team will field a **maximum of 11 players of which one MUST be a goalie**.
2. Games will consist of **four 15-minute quarters** with a 2-minute break in between quarters and a 5-minute break in between halves.
3. **Penalty kicks are allowed** in this division.
4. **OFF SIDES** is called in this division.
5. The ball size in this division is **size 5**.